

Dr. med. Heinz Röttinger, MD,

Born 14.09.1954 in Aalen / Germany

Medical Director of the Hospital

Head of **endomunich** - The Munich Center of Hip and Knee Arthroplasty

Chirurgisches Klinikum München Süd,
Academic Medical Training Hospital of the
“Ludwig Maximilian University Munich”

Am Isarkanal 30

81379 Munich / Germany

Tel.: +49 89 72400-251, -224, -1742

heinz.roettinger@artemed.de

heinz.roettinger@icloud.com

Mobile +49 151 21083727

Area of Specialization

Arthroplasty in hip and knee

Minimally Invasive surgical techniques in hip and knee arthroplasty

Revisions and treatment in

- periprosthetic fractures
- periprosthetic infections
- all kind of complications in hip and knee arthroplasty
- arthrofibrosis after arthroplasty

Minimal Invasive Hip Procedure

Developed a new surgical approach for hip arthroplasty; known as minimally invasive technique with a single incision (Roettinger approach, published: Bertin K, Röttinger H: Anterolateral mini-incision hip replacement surgery. Clin Orthop 2004; 429: 248-55). Personal experience in more than 6000 cases treated with this technique. This procedure has generated tremendous interest in national and international circles and led to new standards in soft tissue management in hip arthroplasty.

Minimal Invasive Knee Procedure

Member of an international project for the development of a new uni-compartmental knee implant with “minimal invasive” demands (“MIS” ZUK – Zimmer Uni Knee), clinically started in May 2004. Since the company fusion of “Zimmer” (Warsaw, Indiana, USA) and “Biomet” (Warsaw, Indiana, USA) this implant is distributed by different companies in the global market.

Publications and Articles

Röttinger H: Minimally invasive anterolateral approach for total hip replacement (OCM technique). (2010). *Oper Orthop Traumatol* (2010); vol. 22(4), 421–430.

Röttinger H: The MIS anterolateral approach for THA. *Orthopäde* (2006); 35(7), 708–710–15.

Röttinger H: Minimally invasive anterolateral surgical approach for total hip arthroplasty: early clinical results. *Hip Int* (2006); 16 *Suppl 4*, 42–47.

Bertin K, Röttinger H: Anterolateral mini-incision hip replacement surgery. *Clin Orthop* (2004); 429: 248-55).

- 4 Other articles in different subjects
- 3 Contributions in books
- 5 Papers in study stage or in work (MIS hip, TKA knee, hip and knee revision)

Awards

Title “Honorary Professor” conferred by the “Russian Research Institute of Traumatology and Orthopedics R.R. Vreden”, St. Petersburg, March 2009

International Appearances

- 22 International workshops under my leadership
- 18 Live operations worldwide with video transmission
- 27 Chairman in congresses and scientific conferences
- 151 National and international lectures

Postgraduate Training and Functions

Since April 2016 Medical Director of the Hospital and Head of Center of Hip and Knee Arthroplasty, Chirurgisches Klinikum München Süd, Munich, Germany. Academic Medical Training Hospital of the “Ludwig Maximilian University Munich”.

2009 - 2016	CEO, Managing and Medical Director, German Orthopedic Hospital, Bahrain - GCC, Project Developer and Co-Founder of the Hospital. Developer and Consultant for different medical projects in the GCC.
2003	Diploma „MRI Diagnostics in Orthopedics “
2002	Recognition “Specialized Orthopedic Surgeon” (approval as Specialized Orthopedic Surgeon)
1990	Partial area title in Physical Therapy and partial area title in Rheumatology (recognition and approval)
1990 - 2008	Consultant Orthopedic Surgeon, SANA-Hospital Munich, partner and shareholder in specialized orthopedic hospital and in OCM Clinic Munich. Shareholder in Rehabilitation Hospital Feldafing nearby Munich
1989	Recognition „Orthopedic surgeon”
1988 - 1990	Deputy Senior doctor and Senior Doctor, Department of Orthopedics, Waldkrankenhaus Spandau, Academic Medical Training Hospital of the Free University of Berlin (“Freie Universität Berlin”)
1984 - 1987	Residency, Traumatology and Orthopedics, University of Ulm

Different Qualifications

1978	Approval to teach Chemistry and Physical Science in public and private schools
1990 - 1994	Part-time study “Economics and Business”

Memberships

BVOU - Deutscher Berufsverband für Orthopädie und Unfallchirurgie
(„German Professional Association for Orthopedics and Trauma
Surgery“)

DGOOC - Deutsche Gesellschaft für Orthopädie und orthopädische
Chirurgie („German Society for Orthopedics and Orthopedic Surgery“)

DKG - Deutsche Knie Gesellschaft („German Knee Society“)

EHS - European Hip Society

AAHKS - American Association of Hip and Knee Surgeons

ESSKA - European Society of SportsTraumatology, Knee Surgery and
Arthroscopy